



**Up & Over 10K Trail Run**  
**Saturday, August 7, 2021, 9:00am**  
**Taos Ski Valley, New Mexico**  
**[www.taosskivalley.com/trailrun](http://www.taosskivalley.com/trailrun)**

### **The Course**

The race starts and finishes in the Resort base area, near lift 1 (elevation 9,200 feet). From the base area, the course heads towards Whitefeather, Jess's and Bambi ski trails to the top of Chairlift 2. This is an elevation gain of approximately 2,612 feet. The course will then run down Honeysuckle and Street Car, then start to weave back to the base area and the finish line. Four aid and water stations will be available on the course and water and snacks will be available at the finish line.

### **Start and Finish**

The base area near lift 1 at Taos Ski Valley.

### **Age Groups**

Male: 10–19, 20–29, 30–39, 40–49, 50-60, 60-69, 70+  
Female: 10–19, 20–29, 30–39, 40–49, 50-60, 60-69, 70+

### **Awards**

Awards will be given to the top three competitors in each group in male and female divisions.

### **Liability Waiver and Agreement**

In consideration of this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have now and in the future against Taos Ski Valley, Inc., the Village of Taos Ski Valley, Taos Ski Valley Chamber of Commerce and any and all sponsors, co-sponsors, property owners, agencies or individuals and their respective successors, officers, agents and assigns for and all injuries, damages and losses sustained and suffered by me as a result of my or my child's participation in this race. I understand that this release is binding upon my heirs, personal representatives, successors, and assigns. I verify that I am physically fit and have sufficiently trained for competition in this event and my physical condition has been verified by a licensed medical doctor. If, however, as a result of my participation in the race, I require medical attention, I hereby give my consent to the authorized medical personnel of this race to provide such medical care as is deemed necessary by such authorized personnel. I understand that in the event this race cannot be held as scheduled due to an act of God or circumstances beyond control, the race will do everything possible to reschedule, if that proves impossible the race will either refund the entry fee or transfer registration to 2022. Further, I hereby grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose. As a participating athlete, I certify that all information provided in the form is true and complete. I have read the foregoing and certify my agreement by my signature below.

Print \_\_\_\_\_

Sign \_\_\_\_\_

*Signature of Entrant Signature of Parent or Guardian (if entrant is under the age of 18)*

Date \_\_\_\_/\_\_\_\_/\_\_\_\_



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### Registration

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on August 7, 2021: \_\_\_\_\_

Gender (circle):      Male      Female

Shirt Size (circle):      Small      Medium      Large      X-Large

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

### Entry Fees

Registration includes an event t-shirt, hand made finisher's medal, goody bag and a good time at the after-party!  
Please circle your registration:

\$55 Early Bird Registration, October-December, 2020

\$80 Race Day Registration, August 7, 2021

\$65 Registration, January-July, 2021

\$20 Add-on baseball/trucker hat

\$75 Late Registration, August 1-6, 2021

### Please mail completed entry form and payment to:

Taos Ski Valley Chamber of Commerce  
PO Box 91  
Taos Ski Valley, NM 87525